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Padded shorts

Rain jacket

Wind jacket

Comfortable riding shoes - clip-in shoes are helpful, but not a requirement

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Helmet

Padded gloves

Hydration pack

Spare tubes - at least two (one for each tire)

Patch Kit

Hand pump - you can find small packable pumps that you can carry with you while you ride.

Multitool

Tire Lever - Some multitools have a tire lever built into them, but if not, definitely bring one.

Chain lube - You don't always need to carry chain lube with you, but if you know you will cross multiple streams or there is a chance of rain, I would suggest carrying a small bottle of chain lube and a piece of cloth to clean the chain.

Water

First Aid Kit

Snack (Gels, bars, etc.)

Zip-ties - You never know when zipties will come in handy, but they can be used to fix many small repairs.

Headlamp - If there is even the slightest chance that you will still be riding after the sun goes down